

# ***The Harmonising Times***

*A regular indication created with the intention of providing you with clarity of what is going on energetically for every being on this planet. With the Universe's process of expansion continuing to create constant shifts, the intention is these indications provide you with foresight. So helping support and nourish you in your own evolution and helping you Create Harmony in Your Life. **Remember whilst the Universe creates the context, it does not decide your future - you do.** Each of us creates what we desire through our conscious **actions.***

## **The year for Your Purpose**

**October 2016,  
- A moment to ask for...?**

Welcome to Creating Harmony's note of indication. As we enter the last quarter of 2016, we are moving from the re-structuring phase to one of stepping onto our path. Whilst quieter, our intention in this Harmonising Times is to provide our readers, friends and everyone else with foresight as to the influences entering all our lives. This cycle reminds us all **life is ever**

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**flowing.** To further assist you to stay in the flow, we also make very regular posts on our [Facebook page](#).

September's eclipses made sure it has not been an easy period in terms of personal equilibrium. The heightened energies of this cycle of **letting go and releasing** have taken many into emotional depths not visited before. The purpose of the releasing - so we can become who **we want to become**.

### **The creations of September...**

Though September's intensity seemed to decline in its last 10 days or so, the pressures were **more subtle**. Bringing to the surface beliefs about self and relationships, which were not necessarily from this lifetime.

Mercury was direct from the 22<sup>nd</sup>, allowing our mental activity to wake up! We are now in the space of looking into the detail of plans so we are ready to move forward. Though be aware the **shadow period** affecting communications lasts until 5<sup>th</sup> October.

On Monday the 26th you probably noticed the alteration to feeling **good, enthusiastic, and lucky**, despite any other events going on. It was also brought about a sense of a moment to take action. If you did then **amazing opportunities could happen**. For the world began to call us once again, with serious issues coming up.

We are now in a phase encouraging us all to step up and **try new ideas and explore**. It also meant your message is even more powerful. Only it is your choice whether to continue to keep it hidden or shine **your light** on it?

The 26<sup>th</sup> to 29<sup>th</sup> experienced the **strongest influx** of energy in decades. The frequencies will continue to flow in for several weeks. The purging, revelatory activity continues to build to complement Source's desire for harmony and order within ever evolving expansion.

In particular, there is a need to acknowledge our ability to act upon insight. To live from what **you feel** to be the truth. This integration of what has become clear to each of us is essential to allow in the potentials opening up for all.

To learn more about any symptoms such as migraines and tension headaches, particularly those affecting the sense of smell, taste and vision, I have made a short YouTube video – [the 7<sup>th</sup> Secret](#).

I also felt lost and alone, trying to fit purpose into my work rather than work being a joyful expression of my true purpose. Leading to emotional fears of **spiritual abandonment**, loss of identity, and lack of connection with life and people around me as evidenced in the phrase "the dark night of the soul". Do you recognise that?

## October ´s push...

October ´s new moon appeared very early on the 1<sup>st</sup> with Libra ´s emphasis on **love and/or finances – i.e. relationships**. The scales symbolise what each of us is seeking to achieve. Meaning there could be a final “cleaning up” of jealousy, betrayal, role reversals or erratic financial swings. Past relationships, people, themes, may all surface again in your life, for better or worse.

Whilst Libra does not like confrontation, others will be probing beneath the surface to bring **the truth** into the open. If it is a “past” wound that comes up, it will need to be released once and for all – superficial bandages will no longer work.

Conversely, if two partners are willing to “share” and come to a mutual compromise, then even the most emotionally intense situations may be **resolved**. Meaning the relationship has the potential for “rising like the phoenix” from its own ashes. This is true for both business, as well as personal partnerships.

However, since relationships carry so much of our own psychological “projections”, the **best way** to sort out a difficult relationship, is to first ask yourself “what is this person, situation, relationship mirroring back to me?” “What are my worst fears concerning this issue?” “Am I trying to manipulate someone else because of this fear?” Or vice versa?

Any physical or emotional discomfort is there as a reminder – likely to be felt in the **sacral and solar plexus regions**. More

understanding, case studies and guidance on actions are available is in ***The Seven Secrets to Living in Harmony.***

## **Relationships, relationships, relationships...**

With three lunar cycles this month, the last of which is referred to as a 'blue moon' this is a powerful month to shift your emotions. This last quarter of 2016 opens a path to realise once more our radical ideas if they **marry the old with the new** and align with our calling and purpose.

However, the ability to create your own dream life depends on how well **you take care of yourself**. The boundary of self is at the core of what we create. Are we still enough to hear the whispers of the soul? Or, do we need to obtain the approval of others?

Seeking approval of others is not a virtue. Knowing when you take care of your inner self, everything you desire can be accessed. The ability to create your own reality depends on the vibration of **your inner world**. So what are you prepared to ask for? The answer will enable you to **energise the new beginning** October offers us all.

We are now into the period of **planting seeds**, which can germinate during 2017 and be ready to harvest from 2018 on. By then the energies will be very different!

This is going on in the background as we address our relationships. They exist with every person and everything around you in every moment of every day, whether you are aware of or acknowledge those relationships or not. Everyone and everything in your life is in your life so you may be challenged to **consider a different perspective** or an alternate view of your relationship to all of creation.

In particular reminding us there are two sides to every story or experience, and therefore, for every story there is a relationship. For each of us is uniquely created and wired to have a unique experience and purpose in the world. Therefore, we each have a **different perception of the world**. Our experiences, opinions, beliefs – they vary from person to person because they are supposed to vary.

## **Sincerity in your relationships...**

16<sup>th</sup> October brings the full moon, then on the 19<sup>th</sup> expect an unusual amount of energy and a heightened sense of self confidence. This will allow success to be achieved more easily as the fire of Mars and Pluto merge in one powerful conjunction – symbolising **beginnings and completion**.

On the 28<sup>th</sup> there will be a strong urge for freedom. Though be careful about acting or deciding in haste. Make sure you are **balanced and centred** as a powerful surge of energy courses through your life.

The next day beauty, love and values merge with reality and discipline as you enter a phase of **sincerity and realism** about relationships, finances and making your environment just as you desire. Meaning you will need to be centred and emotionally balanced – a grand finale for the theme of this lunar cycle!

Finally on the 30<sup>th</sup> there is the new moon, a blue moon. This lunar cycle carries many opportunities to use your intuition to set **a new agenda** for your life. Accessing your truth and wisdom at their deepest levels. When you hear your soul's whispers then you will know your vision for the coming years.

If you would like help in developing your vision, then why not request a **[complimentary strategy session](#)**? After sending us your completed questionnaire we will review it and confirm your booking. My promise is that the focus will be on your result, there will be no sales during your session.

## **Seeking an Abundant Life?**

In this moment of apparent turmoil many people have brought up the feeling of a lack of Abundance in their lives. We have brought together into **[Easily Creating Abundance](#)** the ability for you to address limitations to love, health, freedom and wealth aspects of Abundance.

If you desire to learn some exciting new ways to help yourself (and your clients) achieve miraculous results, then **we invite you** to discover powerful coaching techniques you can use to

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help yourself (and your clients) finally...**uncover the hidden hurdles** sabotaging your ability to have more wealth, more love, better health, and more freedom in your life starting at the event.

The workshop will enable everyone to identify **the main areas** where they are blocked and then work through processes to address them. It will conclude with an assessment of the progress made and what remains to be addressed and how to create continuing Abundance in your life.

A word of caution, the Law of Attraction is only mentioned in passing. Rather we focus on enabling **all** the wealth and abundance that is awaiting your activation. This is not only possible, it is how we were designed to live! No longer holding yourself back, instead learning how to ask, seek, knock, and act from your highest vision.

Contact me at [gregory@creatingharmonyinyourlife.com](mailto:gregory@creatingharmonyinyourlife.com) for more information.

The next one is in Portugal from 28<sup>th</sup> to 30<sup>th</sup> October, covering this intense period to the blue moon.

Further dates and locations to be confirmed. For full details on further events visit: [Forthcoming Events](#). Or, if you would like to host an event near you, please email us at: [support@creatingharmonyinyourlife.com](mailto:support@creatingharmonyinyourlife.com).

Or, if you feel the need for deep intense one-on-one coaching why not visit me at our home in Portugal? The retreat is for two people with four days of consecutive one-on-one coaching sessions, plus a further three days to allow for integration. If unable to visit Portugal, skype or similar is possible. The shift over four consecutive days of coaching is immensely visible. More details are to be found at [Transform and Create](#).

## Portents

October in 2016 is a powerful **10/1** Universal month of new beginnings and instant manifestation.

## Shamanics ´ Events

The final event planned is from 29<sup>th</sup> to 30<sup>th</sup> October for [\*\*Discovering the Inner Realms...an Introduction to Shamanism\*\*](#). This will introduce you to the shamanic experience of ritual, creating sacred space, journeying, meeting your guides, power animals and much more on our experiential journey together. It will provide you with powerful, effective tools to let you tap into the unseen world for insight and healing which requires no external authority, intermediary, or even beliefs.

A copy of our [\*\*All About Air\*\*](#) workbook will be provided to all who book.

The full list of events is available by visiting this link:

[\*\*Forthcoming Events\*\*](#)

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If there is any aspect you would like to learn more about, then please email us at: [support@creatingharmonyinyourlife.com](mailto:support@creatingharmonyinyourlife.com).

## In Summary

We all find relationships one of, if not the most **challenging** aspects of life. This lunar cycle brings them into the open, ready to be healed. It ends with a focus on sincerity and realism in all our relationships. As this is a free will Universe, we can of course choose to do so or not!

October's cycle is offering us the opportunity to bring balance into our lives. For without this we will not be able to create the life we desire. To move into the **flow of life** rather than being **caught up in life**. Then we will be able to plant the seeds to germinate our dreams and desires.

Points to help at this moment:

- reflect on all relationships in your life, which are joyful and which are not;
- create space in which you are centred and at peace within yourself;
- listen for the quiet whispers of your soul and its guidance;
- remember to breathe deeply if you feel challenged or there is too much mental chatter;
- expect communication challenges until Mercury's shadow is over; and

- remember the last few days of the month will bring heightened energy.

***November 2016 is a double 11:11 Universal month. This is a rare phenomenon that only occurs during 9 Universal Year cycles – every nine years. Creating a moment to walk into the unknown.***

***Gregory Reece-Smith  
and the Creating Harmony in your Life team***

Please **DO** share and distribute these indications with as many others as you feel guided, though please ensure to keep the integrity of its content by including the author and source website link.

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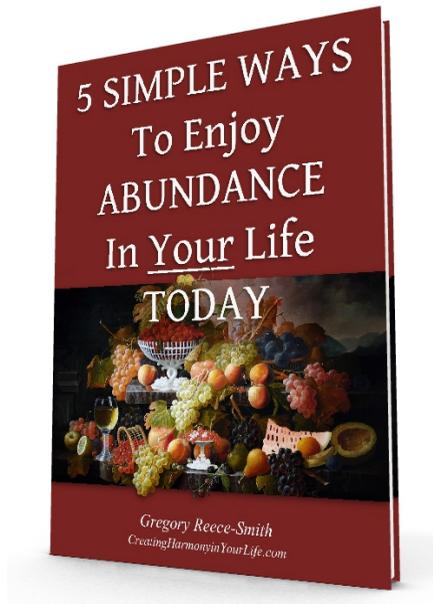
*Thank you*

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